

Annual Report 2023



7828 SW Capitol Hwy

Portland, OR 97219

www.sarahbellumbakery.org





Our Mission

Empowering adults with acquired brain injury to re-engage in the community while building a sense of purpose, meaning, and identity through return-to-work in our supportive, community-based, functional rehabilitation bakery program.

Our Vision

A world with competitive, gainful employment for every adult with brain injury who wants to work.

Our Values

Collaboration, Integration, Purpose, Human Connection, Equity, Justice, Sustainability

Board of Directors

Rik Lemoncello (President), Michelle Kinsella (Secretary), Mark Palardy (Treasurer), Matthew Kampfe, Brenda Fulle



Program founded in 2016

Retail bakery shop since 12/11/2018





Acknowledgement of the Original Peoples of the Land

We humbly acknowledge that our bakery is located on sacred, living land, in Multnomah Village in SW Portland. This land is the ancestral and unceded territory of the original peoples of the Wasco, Clackamas, Kathlamet, Cowlitz, Molalla, Tumwater, the Multnomah, and Watlala bands of the Chinook peoples, and the Tualatin Band of Kalapuya, who are now a part of the Confederated Tribes of the Grand Ronde, as well as many other tribes who made their homes along the Columbia (Wimahl) and Willamette (Whilamut) Rivers. They lived and thrived in a complex and interdependent relationship with the land and other beings long before colonial settlement. We recognize that Portland today is a community of many diverse Native peoples who continue to live and work here. We respectfully acknowledge and honor all Indigenous communities—past, present, future—and are grateful for their ongoing and vibrant presence.

Equity, Diversity, & Inclusion Commitment

At Sarah Bellum's Bakery & Workshop, we are committed to diversity, equity, inclusion, and social justice. We focus on supporting adults with disability from acquired brain injury, a marginalized and often misunderstood population with "invisible" injuries. We do not and shall not discriminate on the basis of race, ethnicity, color, religion (creed), gender, gender identity or expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations. These activities include, but are not limited to, hiring and firing of staff, selection of volunteers and vendors, and provision of services. We are committed to providing an inclusive and welcoming environment for all members of our community, including our staff, clients, volunteers, subcontractors, vendors, and customers.

2023 Highlights

New Partnership!

We secured a contract with Oregon Vocational Rehabilitation Services (OVRs) in October 2023, allowing us to build a new program to help transition adults with ABI into competitive, paid employment in the community. We hired a fabulous occupational therapist, Teresa Wright, to develop this program.



5 years!

December 11, 2023 marked the 5-year anniversary of full-time operations in our retail bakery space in Multnomah Village. This is a huge milestone.

Free helmets!

Thanks to a grant from the Oregon Department of Transportation, we gave away 125 state-of-the-art WaveCel helmets and educated the public about helmet and brain safety to help prevent traumatic brain injuries.



Grant support!

We had our best year for grant support in 2023, finishing the year with \$181,000 in grant funding to help propel us into a year of growth for 2024.



Program Numbers

We started strong in 2023 with full operations, staying healthy and serving our community of adults living with acquired brain injury. Due to financial hardship mid-year, we reduced operations in August, and did not bring in new participants for five months due to an uncertain future. Thank you for helping to sustain us with our fall campaign!

88 people connected in 2023

- 34 adults with ABI participated
- 16 volunteers supported the team
- 28 students learned with us
- 16 employees (6 with ABI)

5,647 volunteer hours logged in 2023

- 3,926 hours in the Back of House (baking)
- 1,721 hours in the Front of House (retail)



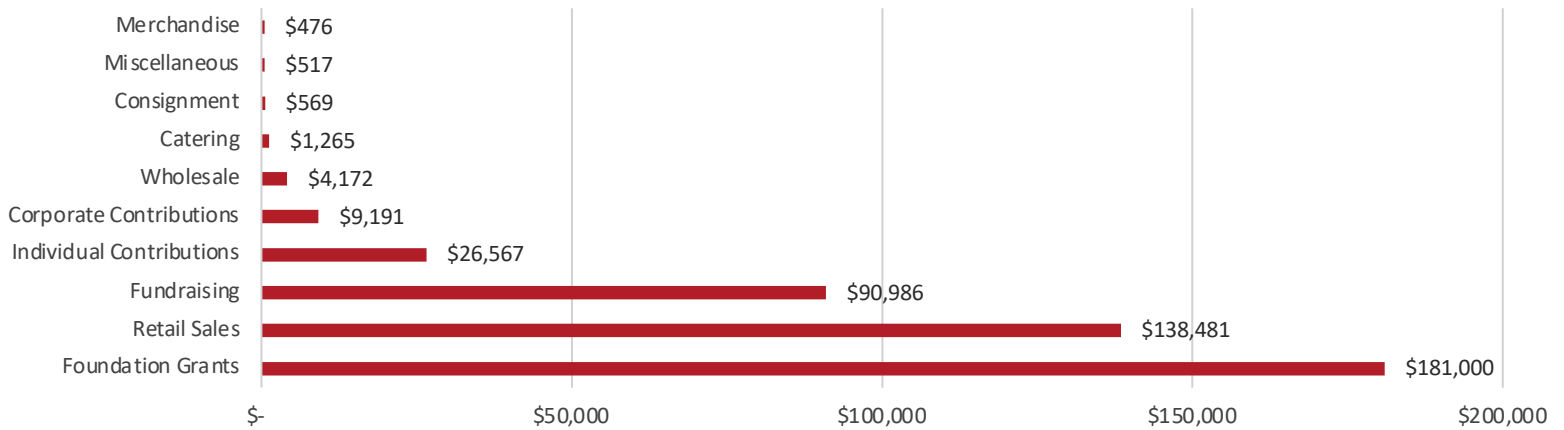
7 adults with ABI graduated in 2023

- 4 moved on to external, paid employment
- 2 moved out of state
- 1 decided paid work was not their goal

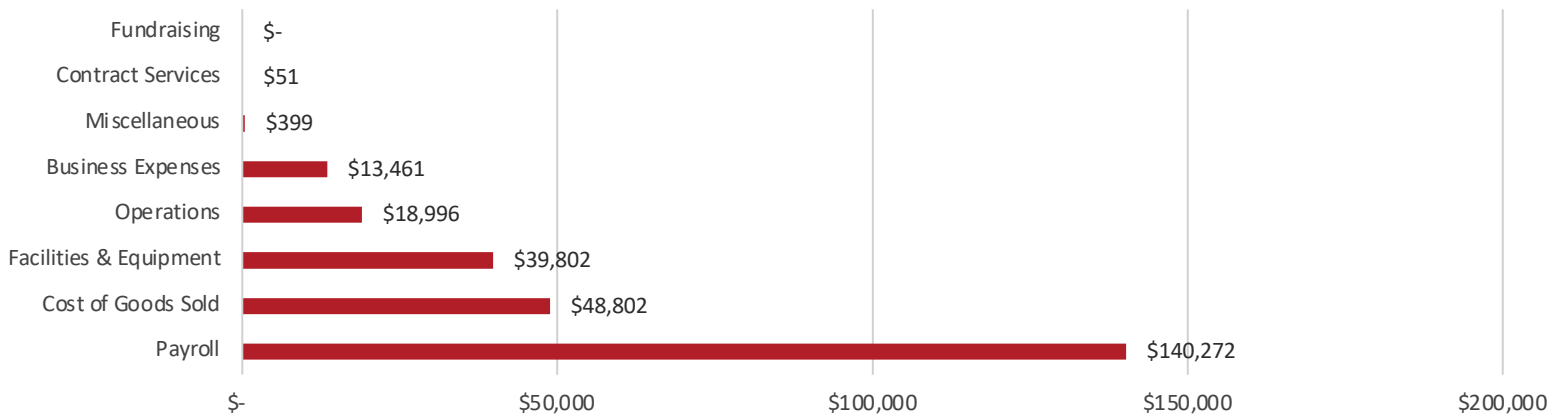


Financial Report

2023 Revenue



2023 Expenses



We engaged in a major fundraiser push in summer and fall 2023. Thank you to everyone who contributed to this effort, and to our grantors, sponsors, and supporters. We ended the year with a strong financial footprint, which will enable us to grow and thrive in 2024. We are grateful!



Grant Support

Thank You!



Oregon Community Recovery Fund
Mount Hope Foundation Fund
Thomas W. Holman, Jr. Memorial Fund
Anne T. Angel Fund
Brad & Judy Johnson Fund
Adriane T. & Samuel S. Blackman Family Fund



Kind Heart,
Free Spirit
Foundation



Benson Family
Foundation



University Center
for Excellence in
Developmental Disabilities



THANK YOU!

Thank you to all of our donors who contributed to support and sustain our program in 2023! We appreciate you!

\$20,000

(Anonymous) – thank you!

\$5,000+

Rik Lemoncello & Mark Palardy

\$2,000+

Michelle Kinsella & Kevin Gorman
Kevin Marshall

\$1,000+

Christine & Michael Aveni
Cammie Brim
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THANK YOU!

Thank you to all of our donors who contributed to support and sustain our program in 2023! We appreciate you!

\$500+

Carol Abbot
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THANK YOU!

Thank you to all of our donors who contributed to support and sustain our program in 2023! We appreciate you!

\$200+

Susan Baillet	Clair Harrison	Jacqueline Samols
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Olivia Grabacki	Cathy Salvato	

\$100+

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Sami Ellen	Melanie Jameson	Gigi Rosenberg	Alexandra Zimmer

THANK YOU!

Thank you to all of our donors who contributed to support and sustain our program in 2023! We appreciate you!

\$1+

Negar Adib	Kristen Earl	Steve Holgate	Fiona Miller	J & S Schmitt
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In Honor Of

Mike Dumas	Rik Lemoncello	Tracy Sprenger
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In Memory Of

Ben Booth	Dick Huneke
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Maurie Dooly	Donna Marie Reynen
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Bob Faller	Juanita Smith



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Bring your friends, family, & colleagues to see us and check out our team in action in Multnomah Village!

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Sarah Bellum's Bakery & Workshop
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Portland, OR 97219

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